

# WALL BALL

## THE CHALLENGE

Throw and catch a ball against a wall as many times as you can in 30 seconds (approx. 2 meters away).



## THE AWARDS

### GOLD

15+ catches

### SILVER

9 - 14 catches

### BRONZE

5 - 8 catches



## VARIATIONS

### Easier

- Decrease the distance from the wall.
- Allow one bounce before catching.

### Harder

- Increase the distance from the wall.
- Add targets on to the wall- with scoring or points systems.
- Work as a pair completing as many as possible in a given time.

## EQUIPMENT

- Cones
- Balls
- Metre ruler or tape measure (optional)
- Stopwatch

## LINKS

- Year 2- Games Core Task 1