

Week Beginning Monday 15th June 2020	
Year 5 and 6 Content	Resource Attachment
Born to Move	We have selected the routine below for you to try this week
Login details sent to you by School	https://borntomove.lesmills.com/media/BORN+TO+MOVE+14+8-12+More+Than+You+Know/0_bd1tiv0n/130160092
Home Lesson Born To Move with Kerry	https://www.youtube.com/watch?v=SOult-vhf6A
Dance	
Home PE Lesson with Emma	https://www.youtube.com/watch?v=pi0EYCWRrB8&t=163s
Athletics	
Athletics Yr 5 and 6 Resource Card	Click on the Resources Link Below
Home PE Lesson with Julie	https://www.youtube.com/watch?v=KcmiLGXBU_0
Gymnastics	
Gymnastics Yr 5 and 6 Resource Card	Click on the Resources Link Below
Home PE Lesson with Kirsty	https://www.youtube.com/watch?v=jMNvmbpEgII
Invasion Games	
Invasion Games Yr 5 and 6 Resource Card	Click on the Resources Link Below
Home PE Lesson with Emma	https://www.youtube.com/watch?v=oa2_3FvWHs0&t=86s
Active Literacy and Active Maths	
Active Literacy Yr 5 and 6 Resource Card	Click on the Resources Link Below
Active Maths Yr 5 and 6 Resource Card	Click on the Resources Link Below
Striking and Fielding	
Striking and Fielding Yr 5 and 6 Resource Card	Click on the Resource Link Below
Home PE Lesson with Jordan	https://www.youtube.com/watch?v=W5Edz43dWOOQ

Net and Wall	
Net and Wall Yr 5 and 6 Resource Card	Click on the Resources Link Below
SEN	
Let's Get Moving Activity	Click on the Resources Link Below
Recipe Card	
Fig and Fudge Biscuits Recipe - KS2	Click on the Resource Link Below
Forest School	
Pine Cone Firestarters Activity - Resource Card	Click on the Resources Link Below
FIRE SAFETY - Resource Card	Click on the Resources Link Below
Outdoor and Adventurous Activities	
OAA Directional Drawing Activity	Click on the Resource Link Below
OAA Contour Lines A	Click on the Resource Link Below
OAA Contour Lines B	Click on the Resource Link Below
OAA Contour Lines C	Click on the Resource Link Below
West Lancs Sport Partnership Coaches Challenges	
Coaches Challenge with Danny T	https://www.youtube.com/watch?v=O4ZQYdpE0xM
Coaches Challenge with Richard	https://www.youtube.com/watch?v=jV8QVk_HRsw
Coaches Challenge with Jamie (Y 5+6 only)	https://www.youtube.com/watch?v=RyH_vRPhsDo
Battleships Level 2	Click on the Resources Link Below
The Blue Egg	Click on the Resources Link Below
Wacky Races	Click on the Resources Link Below

YEAR 5&6 RESOURCE LINK ON GOOGLE DRIVE

<https://drive.google.com/drive/folders/1LDcy7ieq5wEKy30a3S5zXihzWMrocrg7?usp=sharing>