WEEKI	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Chicken Korma served with Rice and Naan Bread	Ham, Cheese or Tuna Cold Wraps with Salad Sticks	Roast Pork served with all the Trimmings	Chinese Chicken Curry with Rice	Crispy Chicken or Quorn Wrap
MAIN DISH 2	Homemade Pizza Slice	Tomato and Mascarpone Pasta	Cheese and Onion Roll	Spaghetti Bolognese	Fish or Vegetable Fingers
OR VEGETABLE	New Potato Green Beans Salad bar	Mixed Salad Sweetcorn Salad bar	Seasonal Vegetables Salad bar	Garlic Bread Mixed Vegetables Salad bar	French Fries Baked Beans Garden Peas
	Salau Dai	Salau Dai	Salau Dai	Salau Dai	Salad bar
DESSERTS	Cupcake	Fruity Jelly	Ice Cream	Strawberry Mousse	Shortbread Biscuit
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Fuel your afternoon with a healthy school lunch from Mellors







KEY 5 - 1 OF YOUR 5 A DAY MEAT-FREE MONDAY - CHEF'S CHOICE



